Preventing Falls
Center for Transforming Healthcare Project

**GOALS**

- **Goal 1:** Reduce the rate of patients injured in a fall by 50%
- **Goal 2:** Reduce the rate of patient falls by 25%

**RESULTS** after 18 months

- Reduced the rate of patients injured in a fall by 62%
- Reduced the rate of patient falls by 35%

The problem with falls

Falls in healthcare facilities result in death & injury

Between 30-35% of patients who fall will sustain an injury

These injuries result in: 6.3 additional days hospital stay (average stay is 4.8 days)

$14,056 estimated average cost of a fall with injury

Annual costs avoided from falls reduction

- 200 bed hospital = $1 million
- 400 bed hospital = $1.9 million

How your organization can prevent falls now

Read Sentinel Event Alert #55: Preventing falls and fall-related injuries in healthcare facilities

Preventing falls is difficult and complex. It requires leadership commitment and a systematic, data-driven approach to achieve risk reduction and continuous improvement within specific settings and among specific populations. This Sentinel Event Alert gives an overview of the tools that have been developed through research and quality improvement initiatives, including the Center for Transforming Healthcare’s Preventing Falls Targeted Solutions Tool® (TST®).

Start your project today using the Preventing Falls Targeted Solutions Tool® (TST®)

Joint Commission-accredited organizations can access the TST® through:

- A quick registration process by clicking the “Request Access” button at http://www.centerfortransforminghealthcare.org/tst_pfi.aspx
- The organization’s secure Joint Commission Connect extranet

Note: Data entered into the TST® are not shared with Joint Commission surveyors or staff.